



Andrés Cordero Jr.

(he; they)

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Personal Profile

Andrés is a sex educator, sexuality researcher, and embodiment coach. A self-proclaimed pleasure activist, he advocates for promoting holistic and integrated healing and wellness practices that recognize sexual expression, gender identity, and sexual orientation as critical components for living a happy, fulfilling life.

Currently pursuing a PhD in human sexuality at the California Institute of Integral Studies in San Francisco, his dissertation (currently in progress) focuses on sacred intimacy, an approach to promoting sexual healing and expansion of life experience. He also serves as a postdoctoral research fellow for the Sexual health, Erotic life, and pleasure eXperiencing (SEX) Project led by Prof. B. Ethan Coston, Principal Investigator, with the Department of Gender, Sexuality, and Women's Studies at Virginia Commonwealth University in Richmond, VA. His prior experience includes working at a sexual health and wellness clinic supervising a team of patient advocates who work with patients from marginalized populations. He regularly delivers programs, workshops, and personal coaching on a broad range of topics. He writes regularly about sacred sexuality, gay men and sexuality, and somatic practices that support erotic and sexual healing.

A lifelong Texan, Andrés currently lives in San Antonio. His hobbies include creating acrylic painted artwork on marble slabs that celebrate spirituality, sexuality, eros, and creative expression. He enjoys traveling, camping, hiking, and cooking, as well as spending quality time with friends and family.

Education

2022 – Current

Virginia Commonwealth University

Postdoctoral Research Fellow
Department of Gender, Sexuality, and
Women’s Studies

1989 - 1993

Trinity University

Bachelor of Arts, Communications; Minors
in Spanish and Business Information
Management

2014 - Current

California Institute of Integral Studies

Doctor of Philosophy. Ph.D. Candidate
(Dissertation-in-progress), Human Sexuality,
Sexuality Policy Leadership

2001 - 2004

St. Edward's University

Master’s In Business Administration,
Marketing

Employment & Professional Appointments

July 2022 – Present

**Postdoctoral Research Fellow, Sexual
health, Erotic life, and pleasure
eXperiencing (SEX) Project,**

Prof. B. Ethan Coston, Principal Investigator,
Department of Gender, Sexuality, and
Women’s Studies,
Virginia Commonwealth University,
Richmond, VA

Feb 2020 – Jul 2020

**Lead Patient Advocate, The Kind Clinic, San
Antonio**

Texas Health Action

Apr 2018 - Jul 2020

**Director of Operations, Transition
Committee**

The Body Electric School

Jul 2020 – April 2022

**Supervisor, Patient Advocacy, The Kind
Clinic, San Antonio**

Texas Health Action

Jan 2017 – Mar 2020

Director

Institute for Mind Body Therapy

Jul 2015 - Present

Founder and Owner

Ecstatic Life Path Coaching for Men

Employment & Professional Appointments (cont.)

Apr 2017 – Jan 2020

**Bilingual Patient Advocate, The Kind Clinic,
Austin**

Texas Health Action

Dec 2011 – Dec 2012

Central Texas Chapter Chair

Association of Proposal Management
Professionals (APMP)

Jan 2010 - Dec 2018

Men's Coordinator, Texas

The Body Electric School

Nov 2000 - Nov 2004

Corporate Technical Writer

Texas Guaranteed Student Loan
Corporation

Nov 2004 - Jun 2015

Senior Partner Communications Specialist

Texas Guaranteed Student Loan
Corporation

Licenses, Certifications, & Memberships

Certified Trainer

Points of You™

Student Member

Society for the Scientific Study of Sexuality
(SSSS)

Certified Sexologist

American College of Sexologists

Associate Member

American Association of Sexuality
Educators, Counselors, and Therapists
(AASECT)

Presentations, Publications, & Assistantships

Curation Team. Living an LGBTQIA2+ Life: Enacting Health Justice for a Flourishing Future. Spark E-zine. National Center for Institutional Diversity. University of Michigan. October 2022. Available at <https://medium.com/national-center-for-institutional-diversity/living-an-lgbtqia2-life-f2ca12d6804a>

Presentation. "Effective strategies for delivering HIV care and prevention, sexual health and wellness care, and gender-affirming care using telemedicine technology to Latinx youth and adults, monolingual Spanish-speaking populations, trans and non-binary persons, and others." National Latinx Conference on HIV/HCV/SUD, Albuquerque, NM, March 2022.

Presentations, Publications, & Assistantships (cont.)

Presentation. “Creating last-resort funding programs to provide medications for uninsured Latinx youth and adults, trans and gender-fluid persons, and persons seeking confidentiality in sexual health and wellness.” National Latinx Conference on HIV/HCV/SUD, Albuquerque, NM, March 2022.

(In Progress) Dissertation. Transformational Healing: A Phenomenological Examination of the Practice of Sacred Intimacy as Taught by the Body Electric School. California Institute of Integral Studies, December 2022.

Dissertation Proposal. Transformational Healing: A Phenomenological Examination of the Practice of Sacred Intimacy as Taught by the Body Electric School: A Dissertation Proposal. California Institute of Integral Studies, December 2022.

Workshop. Inviting Eros into the New Year. The New Body Electric School. December 2021.

Opinion/Editorial. “Equity in HIV/AIDS Care Still Lags.” San Antonio Express-News. December 7, 2021.

Assistantship. Celebrating the Body Erotic for Men. Camp Buckwood. The New Body Electric School. Indianapolis, IN. October 2021.

Assistantship. Rekindling the Communal Erotic Heart: A Mens’ Intensive. Easton Mountain. The New Body Electric School, July 2021.

Curriculum and Course Development. Empowered Patient Advocacy for Patients in HIV Care and Prevention, Gender-Affirming Care, and Sexual Health and Wellness: A Six Module Series. Texas Health Action. May 2020.

Guest Faculty. The Body Electric School: One Man’s Journey from Healing to Empowerment. The Body Whisperers: Understanding Bodywork in the. Sexuality Realm. AASECT Institute. American Association of Sexuality Educators, Counselors, and Therapists. New Orleans, LA. November 2020.

Workshop. Sexual Self-Care, Disclosure, and Empowerment – An Evening Workshop. Austin Sacred Sexuality Meetup. June 14, 2019.

Workshop. Eros for Manifesting Growth and Healing – An Evening Program. Austin Sacred Sexuality Meetup. January 12, 2019.

Presentation. Pláticas Auténticas: Supporting Spanish Speakers in Sexual Health. Community Presentation. National HIV Prevention Conference, Los Angeles, CA., December 4, 2018.

Workshop. Engaging Eros: An Evening of Exploration and Connection. Austin Sacred Sexuality Meetup. September 9, 2018.

Presentations, Publications, & Assistantships (cont.)

Unpublished paper. Celebrating the Body Erotic for Men: A Theoretical Analysis of the Potential Therapeutic Value of a Structured Somatic Group Interaction. Unpublished Paper, California Institute of Integral Studies, May 28, 2018.

Presentation. Sacred Sexuality Practitioner Panel. Austin Sacred Sexuality Meetup. April 8, 2017.

Workshop. Self-Assessment: Exploring your role in the mind-body paradigm through Points of You (Experiential Encounter). IMBT Institute, Institute for Mind Body Therapy, King of Prussia (Philadelphia), PA., October 27, 2017.

Workshop. Working with diverse populations in sexuality- and somatic-based interventions. IMBT Institute, Institute for Mind Body Therapy, King of Prussia (Philadelphia), PA., October 29, 2017.

Workshop. The IMBT Process: A New Integrative Approach to Mind-Body Practices. IMBT Institute, Institute for Mind Body Therapy, King of Prussia (Philadelphia), PA., October 29, 2017.

Unpublished Paper. Situating the Practice of Sacred Intimacy: An Inquiry into the Potential of Sexual Trance States.

Unpublished Paper. California Institute of Integral Studies, August 2017. Sacred Sexuality and Kink. Austin Sacred Sexuality Meetup. March 13, 2017.

Curriculum. Thirty Days of Pleasure: A Men's Pleasure Program by Davey Wavey. Content development and consultation with Davey Wavey along with contributions from DiRodrigo, J. and Leaf Amberheart, B. Davey Wavey TV. March 15, 2017.

Presentation. Creating Sacred Erotic Space (with Steve Schwartzberg, Ph.D.). Webinar for the Body Electric School. November 15, 2016.

Presentation. Exploring Your Point of You: Using Photos to Enhance Relationships. Association for Creativity, 2016 Conference. Savannah, Georgia. September 23, 2016.

Workshop. Exploring Eros for More Expansive Living. Webinar for the Body Electric School. September 13, 2016.

Workshop. Engaging Eros: An Evening of Exploration and Connection. Austin Sacred Sexuality Meetup, Austin, Texas. September 9, 2016.

Workshop. Integrating Erotic Energy: An Exploration: A Workshop. Naked Yoga Camp, Wimberley, Texas. May 7, 2016.

Workshop. Tantric Experiments: A Key to more Enriching Experiences: A Workshop. Naked Yoga Camp, Wimberley, Texas. May 6, 2016.

Presentation. Exploring Points of You – The Benefits of Therapeutic Photography and Phototherapy Techniques in One-on-One and Group Counseling Interactions. Gulf Coast Counseling Association, 2nd Annual Conference, Corpus Christi, Texas. April 9, 2016.

Presentations, Publications, & Assistantships (cont.)

Presentation. Finding and Creating Erotic Community. Webinar for the Body Electric School. April 3, 2016. Celebrating Our Erotic Selves Webinar: Men Share their Experiences in Body Electric. Webinar for the Body Electric School. March 7, 2016.

Presentation. Surrogate Partner Therapy and Sacred Intimacy: A Comparative Examination of Two Methods in Sexual Healing for Gay Men. Oral presentation at the 2015 Annual Meeting of the Society for the Scientific Study of Sexuality (SSSS), Beyond Boundaries: Exploring the Emerging Dimensions of Sexual Science in Research, Education and Practice. Albuquerque, NM. November 12-15, 2015.

Workshop. Points of You: Therapeutic Photography as an Approach for Exploration and Connection in Sacred Intimacy and Sexual Healing. Experiential workshop at Men in Erotic Service to Men: The Fourth National Convocation of Sacred Intimates, Easton Mountain Retreat Center, Greenwich, NY. October 15-18, 2015.

Presentation. Anal Pleasure and Health for Men. Presentation with demonstration; co-presented with Bart Whittington, relationship, intimacy, and sex coach. Presented to the Sacred Sexuality Austin Meetup Group in Austin, Texas, Soma Vida Wellness Center, September 11, 2015.

Presentation. Therapeutic Photography as a Modality in Embodiment Coaching and Practice. Institute for Mind Body Therapy – Surrogate Partner Training Intensive, Austin, Texas. August 2015.

Presentation. Intersections: Serving Diverse Populations through Sexuality-based Interventions. Institute for Mind Body Therapy – Surrogate Partner Training Intensive, Austin, Texas. August 2015.

Points of You: The Healing of Imagery for Healing Practitioners. International Certification Training, Points of You, Bailey Farms, Ossining, NY, May 16, 2015.

Workshop. Awaken: The Magic Sensation in Erotic Healing. Naked Yoga Camp, Wimberley, Texas. May 7, 2015

Workshop. Integrating Erotic Energy into your Daily Practice. Naked Yoga Camp, Wimberley, Texas. May 10, 2014.

Workshop. Tantric Experiments: A Key to more Enriching Experiences. Naked Yoga Camp, Wimberley, Texas. May 9, 2014.

Unpublished Paper. Men and Sexual Fluidity? Exploring Contemporary Perspectives. Unpublished Paper. California Institute of Integral Studies, December 2014.

Honors & Awards

1992

Program Participant, National Minority Advertising Intern Program

American Association of Advertising Agencies (AAAA)
New York, New York

1993

Institute Participant, Direct Marketing Collegiate Institute

Direct Marketing Educational Foundation (DMEF)
Denver, Colorado

1993

Scholarship Recipient, Advertising and Communication Arts Awards

San Antonio Advertising Federation (SAAF)

1993

Acknowledgment of Outstanding Service, National Conference and Career Expo

National Society of Hispanic MBAs

1994

Inducted into Delta Mu Delta, National Business Honor Society

Delta Mu Delta

2003

Recognition of Appreciation, High School Partnership Training Committee

Texas Association of Student Financial Aid Administrators

2004

Presidential Fellowship, Graduate Business Management Programs

St. Edward's University

2004

Certificate of Appreciation, Barracuda Leadership Team

Dell, Inc.

2015

Recipient, Theresa Sparks Scholarship, PhD Program, Human Sexuality, California Institute of Integral Studies

Theresa Sparks Foundation, California Institute of Integral Studies

Skills

LGBTQIA+ • Spirituality and Sexuality • Holistic Practices • Human Sexuality • Market Research • Non-profits • Higher Education • Internet Strategy • Economic Development • Business Development • Hispanic Market • Proposal Writing • Strategic Planning • Public Speaking

Languages

Spanish (Conversational)